



CITYLIGHT AYURVEDA

opening hours daily 9am - 9pm
(registration before 6pm)

MESSAGES

USD INR

Ayurvedic Massage	60min	30	2500
Deep Tissue Massage	60min	34	2800
Synchronising Massage	60min	42	3400
Foot Massage (Kalari)	60min	42	3400
Foot Massage	30min	16	1300
Thaiyoga Massage	60min	42	3400
Shiatsu Massage	60min	42	3400
Swedish Massage	60min	42	3400
Body Massage	30min	16	1300
Back Massage	30min	16	1300
Face Massage	20min	9	700
Reflexology	60min	34	2800

TREATMENTS

USD INR

Yoga	60min	12	1000
Udwarthanam	60min	37	3000
Pizhichil	60min	51	4200
Shirodhara	45min	34	2800
Elakizhi	30min	25	2000
Njavarakizhi	30min	30	2500
Podikizhi	30min	30	2500
Head & Shoulder	30min	16	1300
Herbal Facil & Facepack	30min	20	1650
Kadivasthy	30min	20	1650
Nasya	20min	16	1300
Stem Bath		16	1300

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